

Client Information Sheet and Consent Form

Dr Mike Barry
Clinical Psychologist
Level 1, 5 Sargood St
O'CONNOR ACT 2602
Tel: 0402 676 369
Fax: (02) 6282 9002



Email: mike@mikebarrypsychology.com.au
Web: <https://mikebarrypsychology.com.au>

About

I am a private clinical psychologist providing psychological services to the Canberra community. I am registered with the Psychology Board of Australia (PBA) and hold PBA Area of Practice Endorsement as a Clinical Psychologist.

I am registered with Medicare as a provider of Clinical Psychology Services, with Garrison Health Services to provide services to Defence personnel, and with the Department of Veteran's Affairs (DVA) to provide psychology services to eligible veterans through Open Arms.

Veterans should contact Open Arms on 1800 011 046 to arrange an intake interview and nominate me as their preferred provider. If there is a delay in arranging this, I can provide services under White/Gold Card provisions in the interim.

Clinical Services

Treatment is provided for depression, anxiety and stress, and I specialise in the treatment of Post-Traumatic Stress Disorder (PTSD) and other trauma related illness. In my clinical practice, I focus on the treatment of adults with a particular focus on middle-aged and older men, and have broad experience working with military, veterans and emergency service personnel.

I work primarily from a Cognitive Behavioural Therapy (CBT) orientation, and also employ a mindfulness-based Acceptance and Commitment Therapy (ACT) approach to my practice.

In addition, I use Trauma-Focussed CBT, Schema Therapy and Eye Movement Desensitisation and Reprocessing (EMDR) for the treatment of Post-Traumatic Stress Disorder (PTSD) and complex trauma.

Other Services

Medico-legal assessment services are available for compensation and legal purposes. Clients requiring a medico-legal assessment are normally referred through an insurance company or their solicitor but may self-refer.

I also provide peer supervision to registered and clinical psychologists.

Appointments

Psychological services are currently available on Tuesday, Wednesday and Thursday at Level 1, 5 Sargood St, O'Connor, (entrance between Kopiku Coffee Shop and Urban Jungle at the O'Connor Shops). Both face-to-face and telehealth services are available.

APS Charter for Clients of Psychologists

This can be found at:

<https://www.psychology.org.au/getmedia/5fb479bb-4ab8-49f3-a9eb-1a76a3779ef4/APS-Charter-for-clients.pdf>.

Location and Contact

As reception services are not always available, you may leave a message at the clinic but there may be a delay in returning your call. The easiest way to contact me is by mobile or email.

Mobile

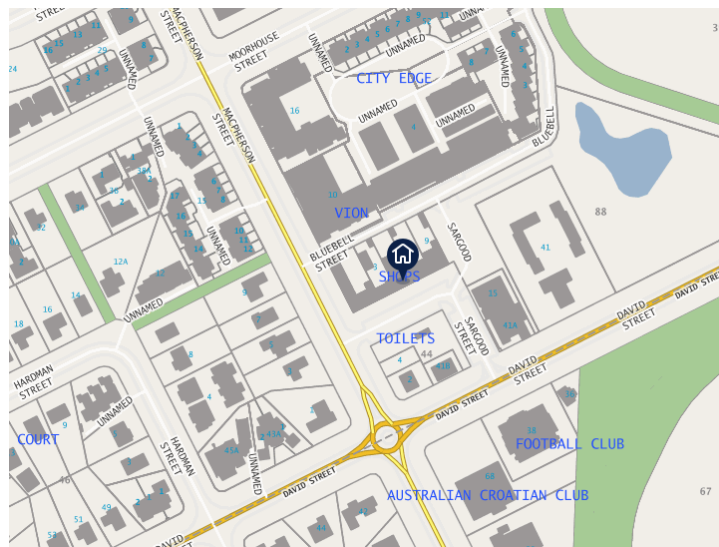
0402 676 369

Email

mike@mikebarrypsychology.com.au

Level 1,
5 Sargood St
O'CONNOR ACT 2602
(Entrance between Kopiku
coffee shop and Urban
Jungle)

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Social Media

Consistent with guidelines from the Australian Health Practitioner Agency (AHPRA), and the Australian Psychological Society (APS), I do not use social media such as Facebook, LinkedIn or similar platforms to contact or maintain contact with clients. I will also respectfully decline invitations from clients to establish a connection on these media.

Dr Mike Barry, PhD (Clin Psych)
AHPRA Registration No: PSY 974156
Member Australian Psychological Society: 034316
Fellow College of Clinical Psychologists
ABN: 73 313 464 358
Correct at 4 Jun 2026

Fees & Rebates

Discounted Consultation Fees

Fees are charged to private clients as per the following discounted rates. These fees are consistent with those recommended by the Australian Psychological Society (APS) and cover your session time, referral calls, consultation with referring doctors and general correspondence. Treatment services do not attract GST. In accordance with DVA provisions, gap fees are **not** charged for services covered under DVA White or Gold Cards.

Fees for a standard 50-minute session are:

Standard consultation: \$330 **Concession:** \$275

Concession fees apply to holders of pension or health care cards and by arrangement.

Rebates

A Medicare rebate is available on eligible sessions for clients with a Mental Health Care Plan (MHCP). **This rebate from 1 July 2025 is \$145.25**

Under the Medicare rebate scheme, clients are currently eligible to receive a rebate for up to 10 sessions under a MHCP per calendar year. The number of sessions you are eligible for is determined by your referring practitioner and needs to be specified on your referral.

Clients wishing to utilise the Medicare rebate need to have a MHCP and be referred by a GP or Psychiatrist. Alternatively, if you have private health insurance you may be able to access a rebate through your fund. Please check with your private health fund to confirm any rebates available to you. You are not able to claim both a Medicare rebate and a private health fund rebate for the same session.

Payment

Payment is required at the end of your consultation, and may be made using EFTPOS or Credit Card, or by cash. A HICAPS merchant facility is available to allow clients to claim their Medicare or Private Health Fund rebate at the time of payment. In the case of telehealth sessions, payments may be made by Credit Card over the phone or online via Electronic Funds Transfer (EFT).

If your fees are being paid by a third-party, you will be asked to provide details and verification at your first session. If your condition is currently under consideration for compensation, then you are responsible for payments until your claim is approved. In most cases, you will then be able to reclaim this amount from the body providing compensation.

Bulk-bill clients agree to assign their right to Medicare benefits (Bulk-Bill) to the Practitioner who rendered the service(s), for each service delivered according to a valid referral from their general practitioner. This assignment of benefit will be processed on-line at the end of each attended session.

Psychological Reports

Psychological reports are charged according to the APS Schedule of Fees and Charges and attract a GST component. Clients requiring a medico-legal assessment are normally referred through their solicitor or insurance company but may self-refer.

Telehealth consultations

Since Covid-19, it is possible to conduct a treatment session using Facetime, Zoom or by phone, and these are preferred if you are concerned about your health, have flu-like symptoms, or have reason to believe that you have come into contact with someone who may be positive for the virus. In these cases, normal session fees apply, and you can access a Medicare Rebate.

Cancellation policy

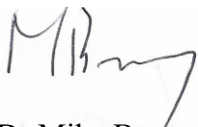
SMS reminders for appointments are sent to clients a week prior to the scheduled appointment. If you are unable to keep a scheduled appointment, please let me know at least one business day (24 hours) in advance, in which case no cancellation fee is payable.

Cancellation fees are currently set at 50 percent of the scheduled fee if you cancel within 24 hours of the appointment, and the full fee is payable if you fail to attend an appointment without prior notice or cancel on the day of the appointment. You will not be charged a cancellation fee if I am able to reallocate your session to a client on the waiting list.

You can provide notice that you are unable to attend your appointment by calling and leaving a message on 0402 676 369, or by sending an email to mike@mikebarrypsychology.com.au

Out of hours contact

My mobile will divert to a message bank outside of normal business hours. Clients are advised that if they wish to contact me by mobile or by email outside of business hours, there may be a delay in responding. It may be more appropriate therefore to contact the Mental Health Crisis Team, or your GP, in the case of an emergency outside business hours.



Dr Mike Barry, PhD (Clin Psych)
MAPS, FCCLP
Clinical Psychologist
mike@mikebarrypsychology.com.au

Consent Form

Psychological service

As part of providing a psychological service to you, I need to collect and record personal information from you that is relevant to your situation, such as your name, contact information, medical history and other relevant information.

This collection of personal information is a necessary part of the assessment and treatment that is conducted. I do not use AI in the collection, recording or storage of client information.

Purpose of collecting and holding information

Your personal information is gathered as part of your assessment and treatment, is kept securely and, in the interests of your privacy, used only by your psychologist and the authorised personnel of the practice (as necessary). Your personal information is retained in order to document what happens during sessions and enables the psychologist to provide a relevant and informed psychological service to you.

Information is stored in paper files, which are secured in a locked filing cabinet, and session notes and correspondence are scanned into my computer and backed up onto an Australian based cloud server. In accordance with Privacy Legislation, client notes are held for seven years following the last contact, at which time they are destroyed.

Disclosure of personal information

Information is collected about you as part of the assessment and treatment process, and it is important that you can trust that your privacy is protected. As such, all disclosures and information is considered confidential between you and your therapist. Session notes are secured in accordance with APS Ethical guidelines. I am however, required by Medicare to report on your attendance and progress to your referring GP if you are referred under a Mental Health Care Plan.

All personal information gathered during the provision of the psychological service will not be disclosed except when:

1. it is subpoenaed by a court; or
2. failure to disclose the information would in the reasonable belief of the psychologist place you or another person at serious risk to life, health or safety; or
3. your prior approval has been obtained to
 - a) provide a written report to another professional or agency. e.g., a GP or a lawyer; or
 - b) discuss the material with another person, eg. a parent, employer or health provider; or
 - c) disclose the information in another way; or

4. you would reasonably expect your personal information to be disclosed to another professional or agency (e.g. your GP) and disclosure of your personal information to that third party is for a purpose which is directly related to the primary purpose for which your personal information was collected; or
5. disclosure is otherwise required or authorised by law.

Consequence of not providing personal information

If you do not wish for your personal information to be collected in a way anticipated by this consent form or the Privacy Policy, I may not be able to provide the psychological service to you. You may request to be anonymous or to use a pseudonym unless it is impracticable for me to deal with you or if I am required or authorised by law to deal with identified individuals. In most cases it will not be possible for you to be anonymous or to use a pseudonym.

Access to client information

At any stage you are entitled to access your personal information kept on file, subject to exceptions in the relevant legislation.

Your personal information is not disclosed to overseas recipients, unless you consent, or such disclosure is otherwise required by law. Your personal information will not be used, sold, rented or disclosed for any other purpose.

If you have any questions, please feel free to contact me and seek clarification.

Clinical Supervision

As a requirement of registration, psychologists are required to engage in regular clinical supervision with a peer or more senior psychologist. During these sessions, we may discuss issues that arise in therapy to help us to provide the best possible treatment to clients. When we do this, client information is completely de-identified, and the focus is on a presenting issue, or treatment, rather than a specific individual or their circumstances. Supervision sessions are subject to the same privacy and ethical requirement as client sessions.

Covid-19 Safety Protocols

Covid remains a threat to some clients and staff, and APS advice is that practitioners have a duty of care to protect the health and safety of their colleagues, clients, and visitors to the clinic and, as such, are required to take reasonable precautions to keep themselves and other's safe.

Hand sanitiser is made available to all staff and clients in consulting rooms and at the reception area.

When ACT public health orders direct the wearing of masks in indoor spaces, masks will be required to be worn in all internal areas of the practice, including during sessions.

Provision of telehealth services

Where appropriate services may be provided by telephone or videoconferencing. In these instances, sessions are not recorded.

Clients are responsible for the costs associated with setting up the technology needed so you can access telehealth services. I will be responsible for the cost of the call to you and the cost associated with the platform used to conduct telehealth services.

Please note: You will still be responsible for the full session fee if the telehealth session is discontinued or is unable to proceed due to your non-attendance, IT, connection, or other issues.

To access telehealth consultations via phone: You will need access to a quiet, private space, and a reliable phone connection.

To access telehealth consultations via videoconferencing: You will need access to a quiet, private space; and the appropriate device, i.e. smartphone, laptop, iPad, computer, with a camera, microphone and speakers; and a reliable broadband internet connection.

A telehealth consultation may be subject to limitations such as an unstable network connection which may affect the quality of the psychology session. In addition, there may be some services for which telehealth is not appropriate or effective. Your psychologist will consider and discuss with you the appropriateness of ongoing telehealth sessions.

Period of consent

This consent form is valid for the duration of active treatment. You will be required to complete a new consent form if treatment is terminated and you subsequently re-engage, or if there is a substantial change to the nature of service, such as change of practice location or a Public Health Order which imposes limitations on provisions of service.

I, (print your name in Block Capitals) have read and understood this Client Information Sheet and Consent Form. I agree to the above Covid-19 safety protocols, and conditions for the face-to-face or telehealth psychological service provided by Dr Barry.

Signed:

Date:/...../.....